

Holy Days at Home

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St. Thomas the Apostle July 3rd

"Because you have seen me, Thomas, you have believed; blessed are they who have not seen me and yet believe." John 20:29



The Incredulity of St. Thomas by Guercino
www.wikigallery.org

- Scripture: John 20:26-29
- Craft: "I Believe!" hand print craft
 - Construction paper
 - White and red paint
 - Crayon, marker, pen or pencil
 - Instructions: Trace your child's hands or help them make handprints on the sheet of construction paper. If you traced, have them color in their hand shapes. Have your child dip their finger into some red paint and make a dot in the middle of each hand. Write the words "I Believe!" above or below the handprints. Voila!
- Prayer: Almighty Father, we honor Thomas the apostle, let us always experience the help of his prayers. May we have eternal life by believing in Jesus, whom Thomas acknowledged as Lord, for he lives and reigns for ever and ever. Amen. (*Liturgy of the Hours, prayer on the feast of St. Thomas the Apostle*).
- Treat: Donuts! St. Thomas put his fingers into the holes in Jesus' hands and side in order to believe that he truly was the risen Lord. The hole of the donut is for the wounds of Christ!